

BiPolar Electrode Instructions

Congratulations on your purchase of one of our E-Stim Systems premium bipolar insertable electrodes. Given sufficient care your electrode will last for years, and is covered by our exclusive lifetime guarantee.

Bipolar electrodes are designed with both of the contact points needed for electro play in the same simple insertable. If your electrode is fitted with a flanged base, the base is designed to prevent deep insertion and also offers additional surface area for stimulation.

Safety

DO NOT CONNECT ANY ELECTRICAL DEVICE TO ANY LOCATION ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER OR ARE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK. YOU MUST READ AND UNDERSTAND THE USER MANUAL AND ALL OTHER INSTRUCTIONS BEFORE ATTEMPTING OPERATION.

Cleaning

Always clean your electrode both before and after use. Ensure the electrode is completely dry before storage.

Soap, hot water and medical grade cleaning wipes can be used to clean your electrode. Do NOT use caustic cleaning substances as this may damage the electrode.

It is possible to disassemble your electrode for cleaning. When re-assembling ensure that the insulated neck is correctly inserted onto the mounting bolt and the mounting bolt has the insulated bush fitted facing inwards. If you inadvertently loose a piece, spares are available.

Connection

On the base of the electrode you will find two 4mm holes. These are the connection sockets to your E-Stim control unit. One socket is internally connected to the head of the electrode. (The 'head' contact), the other is connected to the base. (The 'base' contact).

Do not leave the connecting plugs inserted into the electrode during storage.

Cables

In order to connect your electrode to any of our control units you will need one of our 4mm to 3.5mm cables. To insert press each of the 4mm plugs gently into the relevant socket, to remove twist the plug anti-clockwise, and gently pull the plug, not the cable.

To use

Connect the supplied cable to the electrode, coat the electrode with conductive gel and then gently insert. The electrode is designed to be inserted up to the 'neck' of the electrode, so the base is outside the body, and the head inside. The current will then flow between the head and base, stimulating the areas in-between.

Once inserted, ensure the control box is switched off and the output level control is at minimum, then insert the 3.5mm jack socket into the correct socket on the control box.

Switch the control box on and slowly increase the output level to provide the desired stimulation.

To remove

Reduce the output levels to minimum, switch off the control box and then unplug the cable from the control unit.

Once the electrode is removed, clean immediately. Ensure the electrode is completely dry before storage in the.

E-STIM
SYSTEMS

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